



PLACE **BELL** HERE

IMPROVISE:

- Have Fun
- Be Willing to Fail
- Focus on What You Can Control, Let Go of the Rest

ADAPT:

- Think Better, Not Back
- Take Bold Action
- Act, Analyze, Adjust (and Repeat!)

INNOVATE:

- Say “Yes, And!” instead of, “yes, but”
- Use “Yes, And!” to get curious and explore
- Expand comfort zone by saying, “Yes, And!”

AVISH PARASHAR

Motivational Improviser & Keynote Speaker

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